

November 10, 2022

To: Parents/Guardians of high school health students   
From: **Name of Principal, Principal** of **Name of School**   
Regarding: Comprehensive sexual health education

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Dear Parents/Guardians,

Starting in **January** your student’s Family Health class will address topics in sexual health education. Consistent with [district policy 2123](https://docushare.everett.k12.wa.us/docushare/dsweb/Get/Document-8776/2123%20Health%20and%20Physical%20Education%20Program.pdf), content will address AIDS and sex education, including information about human anatomy, reproduction and related topics. AIDS prevention education will be limited to the discussion of the life-threatening dangers of the disease, its spread and prevention.

The district’s adopted curriculum, *Get Real: Comprehensive Sex Education That Works,* will be used for instruction.   
The following topics will be addressed:

* Introduction to sexuality
* Reproductive anatomy
* Gender, sex and shared responsibility
* Reasons and methods for preventing pregnancy
* Preventing STIs and HIV
* Sexual risks and low-risk intimacy
* Negotiating postponement and protection
* Social media literacy and sexuality
* Healthy and unhealthy relationships
* Assessing risk and assessing sexual health care
* Affirmative consent
* Bystander training

If you would like to preview the curriculum, please fill out this [**request to preview the curriculum form**](https://bit.ly/SexEdCurriculumReview)or visit <https://bit.ly/SexEdCurriculumReview>. If you have questions, please contact your student’s teacher. You may also attend a curriculum presentation on **enter date and time**.

District policy allows you to opt out your student of all or a portion of instruction. If you do NOT want your student to receive sexual health instruction, please notify your student’s teacher through email or complete an[**opt out form**](https://www.everettsd.org/Page/38405) **or visit** [**https://www.everettsd.org/Page/38405**](https://www.everettsd.org/Page/38405). Students who opt out of instruction will receive alternative class assignment(s) not addressing sexual health topics. Teachers will begin the lessons to all students who have NOT opted out on **Enter Date**.

Please do not hesitate to contact your student’s teacher with questions.

Sincerely,

**Teacher Name**